



## **PUBLIC HEALTH WORKING GROUP**

### **MEETING 1**

#### **SUMMARY OF PROGRESS**

The first working group meeting was on May 30, 2019 from 5:00 – 7:00 p.m. There were 12 attendees. During this two hour session, we spent the first hour with introductory presentations from Staff, the Bourbon County Health Department, YMCA and the University of Kentucky. As with all working groups, we talked about the community's perception of public health needs in comparison to what the data tells us. Then, meeting attendees gathered into four groups to craft four draft public health goals. At the end of this break out session, each group reported out and we came to a consensus on four **draft** public health goals:

- 1. Create and sustain economic opportunity to promote mental, physical and emotional health for all demographics. Economic security for all walks of life, regardless of age, race, gender, income, education or background.**
- 2. Integrate sustainability and resilience in community planning to improve quality of life and meet anticipated growth.**
- 3. Develop policies and procedures to prevent substance abuse and encourage reduction and/or abstinence from alcohol, tobacco and other drugs. Create pathways to re-enter society successfully.**
- 4. Improve food access to fresh and affordable produce. Increase knowledge and education about healthy diet, how to prepare healthy foods.**

In preparation for the second public health working group meeting, the Planning Office will look-up supplemental information to help educate the working group as they come to a consensus. The goal at the second working group meeting will be to revisit these goals and come to a consensus. The resulting goals will be sent onto the Envision 2040 Advisory Committee for their review.