Andrea Brown, MPH
Public Health Director
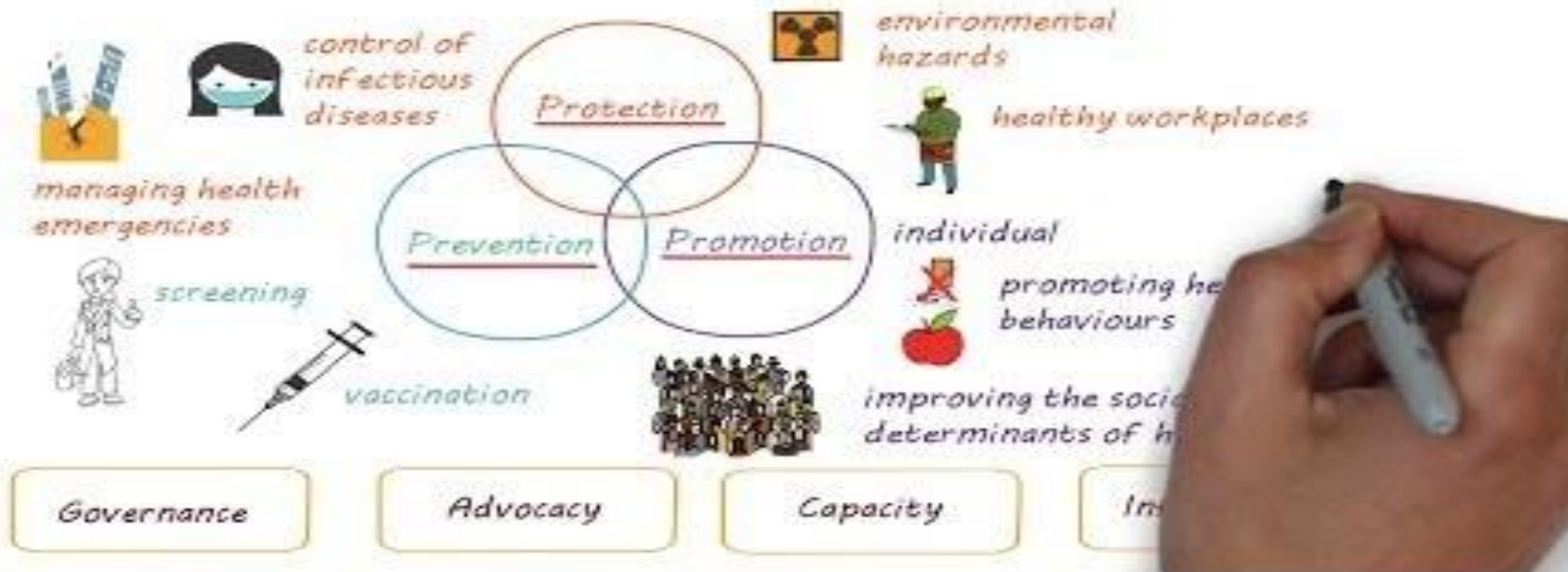
Drew Beckett, MPH
CEO

What is Public Health?

Celebrating Progress of Bourbon County Health Department

- Bourbon County schools adopted a tobacco free schools policy in May 2011.

- Get Fit Bourbon County – annual community wide physical activity program since 2015 to help reduce the obesity rate in Bourbon County.

- Infectious disease reporting and monitoring –
  - Large TB caseload in 2016
  - Statewide HEP A outbreak 2018/2019 – launched a countywide vaccination plan

- Continued partnership with KY-ASAP (Agency for Substance Abuse Policy) to work on opioid crisis.

- Bourbon County passed the Syringe Exchange Program in June 2018

Where we have Been:
Celebrating The Progress of Paris-Bourbon County YMCA
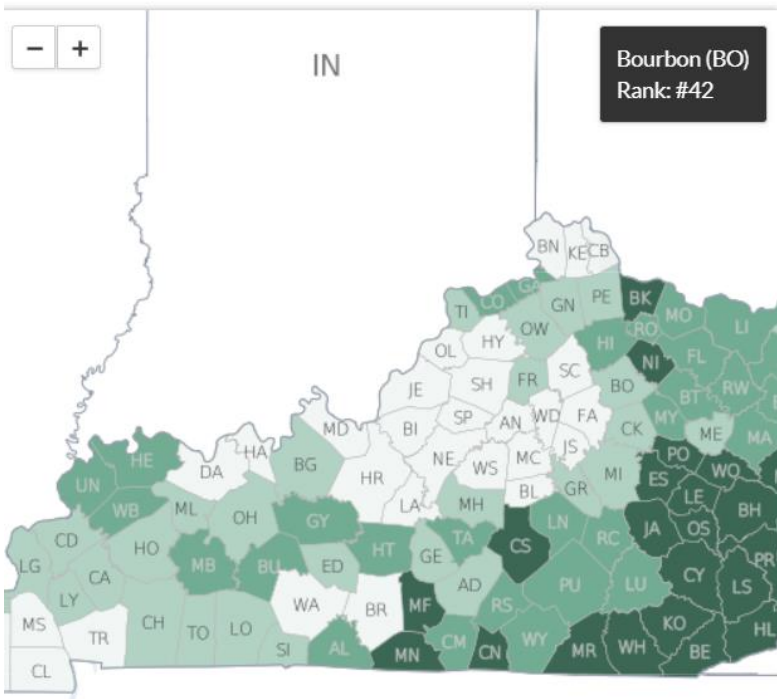
- We celebrated over 100 years in the Paris-Bourbon County Community.

- We have recognized our continued donor support through the Annual Campaign. Their support allows us to fulfill our mission of youth development, healthy living, and social responsibility.

- Provided over $800,000 in direct scholarships for programs and memberships.

- Since 2013 we have served approximately 33,000 people through membership and programs.

- Provided free swim lessons to over 1,800 second graders since 2013.

- Opened a satellite YMCA fitness facility in January of 2015 in Nicholas County.

- Annually serve 255 children through quality early childhood, after school, and summer camp programs.

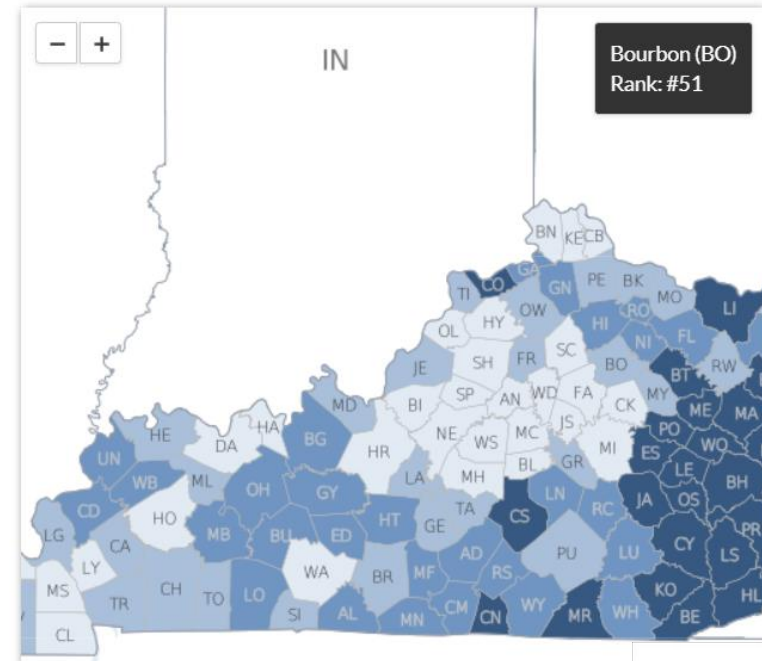# Where we are: Bourbon County Health Outcomes vs Health Factors

Health Outcomes 2018 –

(Today's Health)

Health Factors 2018 –

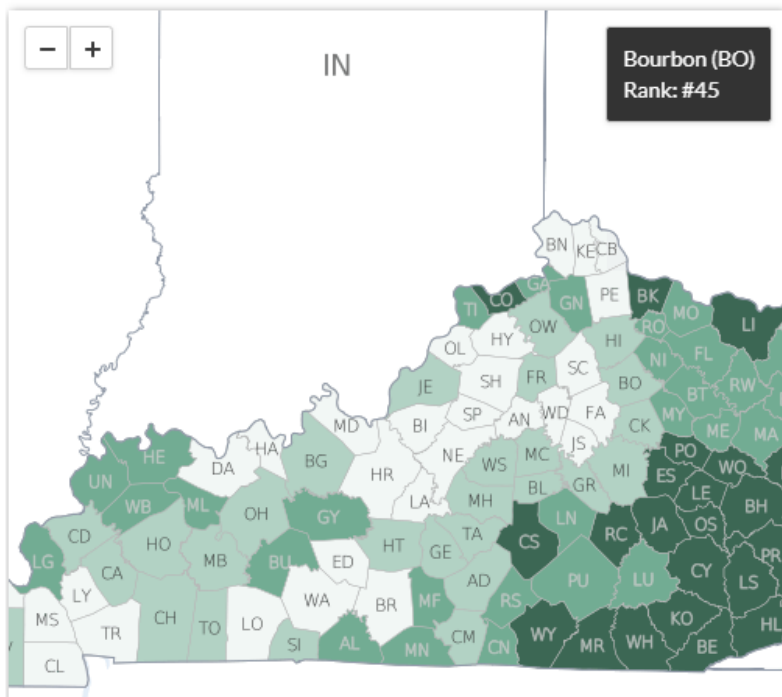**(Tomorrow's Health)**

Where we are: Bourbon County Health Outcomes vs Health Factors

Health Outcomes 2019 –

(Today's Health)

Health Factors 2019 –

(Tomorrow's Health)

Overall Rankings in Health Outcomes

Bourbon (BO) Rank: #45

Overall Rankings in Health Factors

Bourbon (BO) Rank: #28

GROW HEALTHY ..... STAY HEALTHY
Bourbon County Health Department
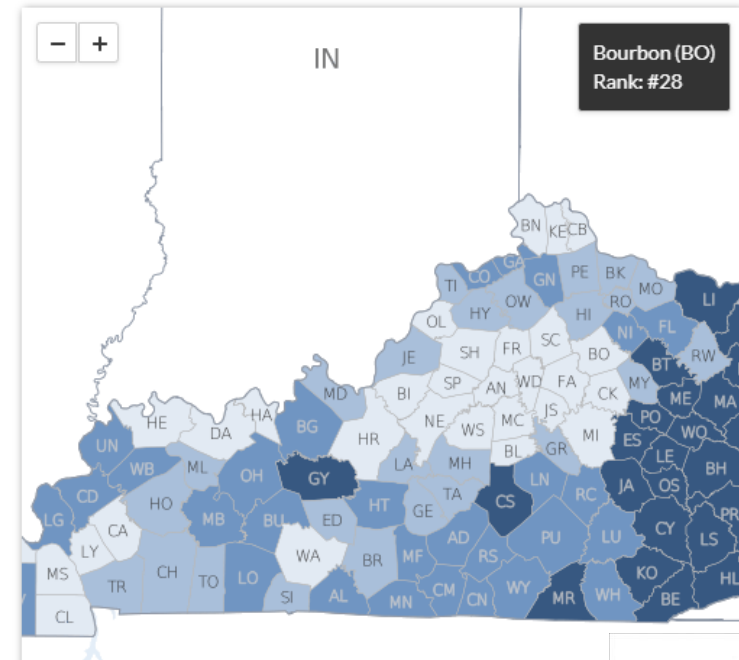
Where we are: Positive Outlook for Health Factors (Tomorrow's Health)

- Decrease in uninsured population

- Primary care, dental, and mental health provider/patient ratio decrease

- Increase in high school graduation rates

- Decrease in violent crimes (small)

- Decrease of income inequality

www.countyhealthrankings.org – Robert Wood Johnson Foundation

Where we are:

- We have currently added approximately 80 second graders from Nicholas County to our free swim lesson program.

- We are currently serving our aging population through fitness classes at the Senior Center, and other Evidence-Based Health Programs.

- We are in the process of expanding our childcare center to provide care to more families in the community. This includes an upgrade to our playground, and several classrooms.

- We have upgraded our pool facilities with new water and cosmetic features to continue to serve our members and non-members.

the Y

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Where we are going: Bourbon County Health Department

- Opioid Crisis
  - ASAP Board
  - KY CAN HEAL Grant
  - Drug Treatment
  - Workforce and destigmatizing
  - *Drug Prevention*
- Chronic Disease (Heart Disease and Cancer Prevention)
  - Obesity
  - Physical Activity
  - Diabetes
  - Tobacco Prevention/Smoke Free Workplaces

Where we are going

- Secured a $600,000 Community Block Development Grant to fulfill the vision of the adding a Teen Center to our facility.

- Expanding into Cynthiana (our service area) initially with Early Childhood Care and Group Exercise classes that potentially would grow into a full service YMCA facility.

- Focusing on Community Integrated Health programs that aims to strengthen the relationships between traditional health care systems and community-based organizations , like the Y. For example programs such as Blood Pressure Monitoring, Diabetes Prevention, Live Strong.

- Expanding our Youth & Family programs to cater to the growing needs of this community.

the Y

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FOR SOCIAL RESPONSIBILITY

Next Steps to Further Public Health

- Walkability study
- Smoke-free Bourbon County (Workplaces)
- Parks and Recreation Development
- Community Health Improvement Plan
- Any others?