

# PUBLIC HEALTH

## GOAL 1

**Create and sustain equitable opportunities to promote mental, physical, and emotional health for all.**

- a. *Provide responsive and dependable health delivery systems throughout Bourbon County.*
- b. *Nurture a culture of wanting to get involved and give back.*
- c. *Foster partnerships and collaboration between public health organizations and a broad range of stakeholders.*
- d. *Increase availability of second shift child care.*

## GOAL 2

**Integrate community health into comprehensive planning.**

- a. Recreational facilities, programs and opportunities/ passive recreation/ staffing
- b. Accessibility, economic, affordable, inclusive
- c. Environmental impact on community health, water quality, maintenance.
- d. Service access to public safety services/ER/Clinics

Partners: Friends of Stoner Creek, YMCA

## GOAL 3

**Develop policies and programs to prevent, treat, and recover from substance use disorder.**

- a. Education campaign for prevention – cradle to grave, consistent messaging. From the pulpit, schools, workplace, homes.
- b. Patient navigation to access available resources, data. With possible growth of treatment within county.
- c. Encourage workplace drug testing. Create workplace policies and incentives to re-introduce users.
- d. Expand treatment opportunities in Bourbon County.
- e. Dispel stigma
- f. Create more opportunities for work and safe/comfortable/affordable/enriching/purposeful living environments.
- g. Educational campaign.
- h. Patient navigation – create accessible, comfortable, and easy to find treatment options.
- i. Wholesome recreation opportunities.

## GOAL 4

**Promote and improve access to fresh and affordable food.**

- a. Transportation
- b. Knowledge on how to prepare
- c. Community gardens
- d. Farmers Market – food stamps and WIC
- e. Summer feeding program

Partners: Extension office, schools, 4-H, FFA, Farmer's Market, Community Services (food stamps), WIC (Health Department), YMCA garden, churches.